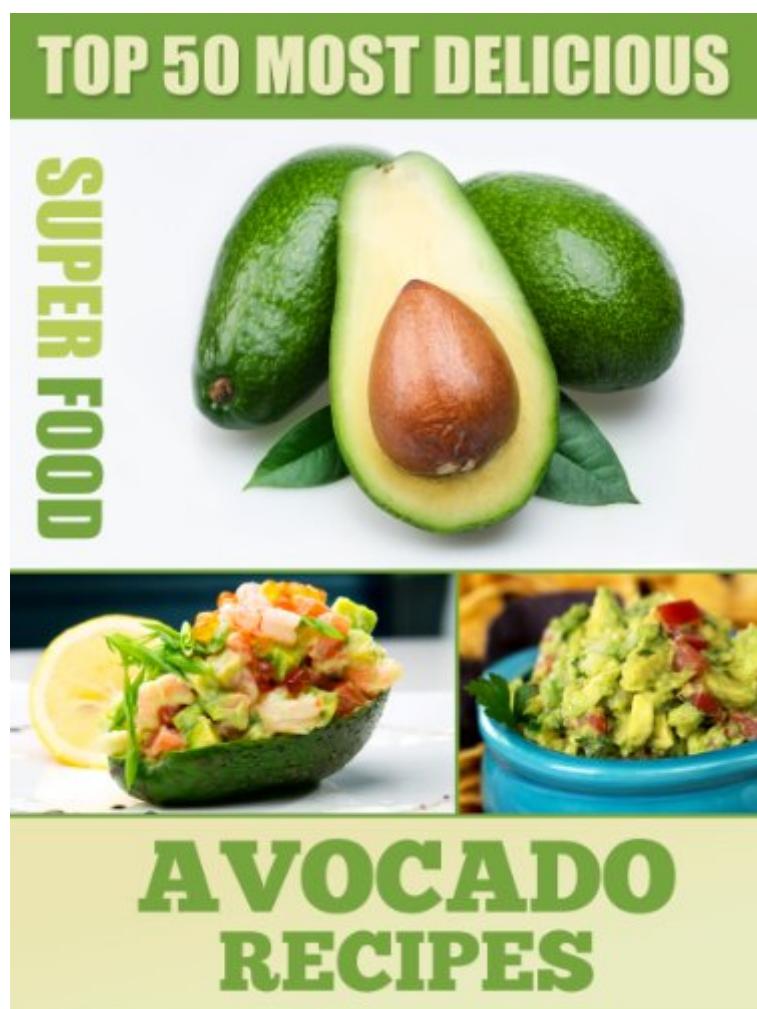


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# Top 50 Most Delicious Avocado Recipes (Superfood Recipes Book 3)



## **Synopsis**

This top 50 of delicious avocado recipes is based on an unpublished online poll. Try them all and taste their deliciousness. These avocado recipes are so good, you will surely be overwhelmed by their amazing and smooth taste! Enjoy the many health benefits of this SUPERFOOD! Avocados are one of the most complete foods in the world with loads of nutrients, fiber, protein and especially high in super healthy fat; which has anti-inflammatory properties and it keeps cholesterol levels in check. So great for preventing heart disease. Avocados also give you healthy looking, beautiful hair and skin. Find out more inside this recipe book. Easy to follow steps so anyone can make and enjoy them! Each of the recipes have easy to follow steps allowing anyone to make them in no time at all. Tried, Tested and SO GOOD! These recipes have all been tried out by us and we LOVE each and every one of them. So get to it and satisfy your avocado cravings!

## **Book Information**

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## **Customer Reviews**

I love Avocados especially in salads. But do not like peeling them at all. No salad for me if I have to peel avocados unless my SweetHeart or one of the 2 daughters peel them. So I bought 3 of them,

one for each house so I can enjoy my salad in either house I am. The price is great and they were sent and received in a reasonable time period. The price on .com was very reasonable

Great little book. Can't wait to make avocado ice cream and some of the other desserts. I also ordered the books on spinach and beets.

Good read

I noticed that none of Ms. Julie's books have any pictures. That's the only reason she lists a star.

Good recipes beyond the usual guacamole. I will be using this as soon as avocado season arrives with lots of fruit.

Avocados are so so popular and these recipes were delicious. It seems we eat avocados with every meal. These were simple and easy to follow. Would recommend to all Avocado Lovers!

Have only 'flipped' through it so far, but it looks great!

Very tasty and so simple.

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